What is claimed is:

- -44. A method of fabricating a ferromagnetic plate for a magnetic resonance scanner magnet frame comprising the steps of:
- (a) cutting a starting plate having a oppositely directed major surfaces and a thickness between such surfaces into strips, each strip having a width greater than the thickness of the starting plate and equal to the thickness of the plate to be fabricated, whereby each strip will have major surfaces which originally constituted parts of the major surfaces of the starting plate; and
- (b) stacking the strips so that major surfaces of the strips abut one another.